



**Peacock Middle School
Golf Study Guide
2010/2011**



What is Golf? Golf is a game where you hit a small ball (by means of a special club) into a hole that is designated by a flag and a cup. Typically there are 18 holes which are designated as a round of golf. Play starts at the tee between two markers and continues along the fairway, which is generally bounded by rough (taller grass), and finishes at the green. The ball is rolled into the hole marked by the pin or flagstick.

EQUIPMENT: Golf clubs are classified into two categories: Woods and Irons. From the #1 wood to the #9 iron, the loft angle increases from approximately 11 degrees to 50 degrees. Ex. The higher the number is the higher the loft. The lower the number, the least amount of loft and the farther the ball will travel.



Woods: Designed for long shots from the tee box or fairway. #'s 1,3,5,7. The lower the number the farther the ball will go.

Irons: Designed for fairway shots or off a tee if only going a short distance. #'s 3,4,5,6,7,8,9. The lower the number the farther the ball will go.

Wedge: Designed for sand shots or pitching shots. The club is heavier than irons, has a wider sole which increases the loft angle.

Putter: A club with a flat/straight head (no angle) used only on the green.

- Grip:** LH-Last 3 fingers firm, LH-Thumb on top, Pinky overlap, RH-2 middle fingers firm.
- Stance:** Feet square, shoulder width apart, ball off left heel, arms vertical & straight/club 45 degrees, clubface square, "sit and bend"
- Backswing:** Left arm straight, Right arm bent, elbows down, head still and down always looking at the ball, weight shifts from your right to your left
- Downswing:** Your body weight shifts from your right foot to your left foot, clubface is square, extend arms out, follow through, club head should end up towards your back while keeping both hands on club

GOLF TERMS:

- Addressing the Ball** – Placing the body and club in position to hit the ball
- Away** – Ball farthest from the hole, to be played first
- Ball Marker** – A marker/coin used to mark your ball on the putting green
- Birdie** – A score of 1 under par on any hole
- Bogey** – A score of 1 over par on any hole
- Bunker** – Hazard, usually made up of sand; remember to rake the bunker after you hit out of it

Dog-Leg - A hole in which the route of play angles to the right or left before reaching the green

Eagle – Two under par for any hole

Fairway – The mowed or well-kept part of the area between the tee and the green

Fore – Warning signal that a ball is approaching another player

Green – Short-cropped grass around a hole

Hazard – Natural or unnatural obstacle on a course

Honor – Right to play first from a tee by low score on the previous hole

Lie – Position of the ball on the course

Par – Expected score for a hole; a set number of strokes

Pin – The flagstick in the hole; marking the ball

Rough – Taller grass surrounding the fairway or green

Stroke – The term used when you swing at the golf ball

Tee – Wooden or plastic object to elevate the ball off the ground

GENERAL GOLF RULES:

- Ball must be played where it lies
- Player whose ball is farthest from the hole plays first
- If a ball goes out of bounds, is lost, ends up in a hazard (water), the player must take a plenty stroke and drop a new ball as close to the spot that the ball was lost at
- A ball is considered lost if not found in 5 minutes
- A ball may not be teed up after your first shot.
- A golfer may have no more than 14 clubs when playing

GENERAL GOLF ETIQUETTE:

- No more than four players allowed in one group; each person must have their own clubs
- **No one should move or talk or stand close to or directly behind the ball or the hole when a player is making a stroke**
- Divots must be replaced: Divot – turf displaced by player’s club when making a swing
- A player should avoid walking ahead of partners or opponents
- If a player is in danger of being hit by your shot, “Fore” should be called as a warning
- When your ball is in the line of another player’s putt, mark the ball by placing a coin or ball marker
- Displays of anger should be avoided
- The player with the lowest score on the previous hole has the “honor” and should tee off first on the next hole